

Includes free digital resources to continue your ministry.

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Welcome and peace to all of you working and living through the COVID-19 crisis.

We understand the difficulties facing individuals, leaders, and congregations right now and hope to provide you with resources to help ease that burden. We've worked with our publisher friends to gather these resources. Please feel free to share this email with all who will find use from it. If it's easier to share through social media, a link to this email will be posted on our [Facebook](#) and [Twitter](#) pages.

## Resources for Families with Children

- Each week we'll be providing in our emails and on our [Facebook](#) page a [free story with corresponding activities](#) and a [pack of five coloring pages](#) from the children's curriculum, Growing in Grace and Gratitude. Click the links above for this week's offering.
- Our friends at Flyaway Books have a full list of free and downloadable activities like an [origami butterfly](#), a [paper airplane](#), parable-themed [coloring pages](#), and [more](#). Also, if you have some of their children's books, there are discussion guides as well.

## HELPFUL LINKS

- [Tips for virtual meetings](#) from NEXT Church
- [Detailed information](#) from the PC(USA) about online worship, including information about sacramental celebrations
- [Additional information](#) from the Presbyterian Church (U.S.A.)
- [A very comprehensive site with information about doing church \(worship, ministry, study, etc\) online](#) from a solely online church. There are a number of resources here!
- [Online giving information](#) from the Presbyterian Foundation
- Groups are partnering to [provide online recovery meetings](#) with in-person meetings such as AA being cancelled
- [Previously recorded webinars](#) about technology and the church from Practical Resources for Churches
- [Online worship opportunities](#) from More Light Presbyterians
- [PC\(USA\) Store Customer Service changes](#)
- Hymnal and Book of Common Worship [Rights and Licensing Information](#)
- Information about [distributing curriculum to church members](#) for purchasers of Growing in Grace and Gratitude, Feasting on the Word Curriculum, and The Present Word

## Resources for Congregational Study

- Our newly created [intergenerational curriculum based on lessons from Mister Roger's Neighborhood](#) provides a wealth of activities and spiritual formation. You can have families carry out the activities at home and share pictures and experiences to a Facebook group, or use with the entire congregation through Zoom or another video conferencing app.

time. While we are halfway through Lent, you can begin the studies from the first session and have multiple online study meetings each week, or you can use it each week past the season of Lent. We've combined all of the sessions into one PDF for easy sharing. Each study includes six sessions.

- Adult Study: "Jesus Sees Women: An Adult Lenten Study" The purpose of this six-session Lenten study pack for adults is to examine the Gospel stories about Jesus' interactions with women in order to shed light on how we are called to be disciples of Jesus in our own time. [Download Participant Handouts](#) | [Download Leader's Guides](#)
- Youth Study: "Sabbath Keeping for Busy Teens: A Youth Lenten Study" The purpose of this six-week Lenten study pack for youth is to offer the opportunity to reflect on the frenetic consumer culture that demands their time, energy, and loyalties and consider how Sabbath can be a tool to resist the "culture of now." Based on Walter Brueggemann's book *Sabbath as Resistance*. [Download Participant Handouts](#) | [Download Leader's Guides](#)

## Resources for Adults

Our friends at Westminster John Knox Press have made a number of resources available for free or reduced cost.

- You can [download chapter five](#) from Walter Brueggemann's new book *Materiality as Resistance*. This chapter is about how the materiality of place informs our faith. As our concept of place changes during this crisis, this is an appropriate chapter to study individually or as a church community.
- The following three ebooks are available for free through Amazon Kindle:
  - [Living into Lent by Don McKim](#) can be used as a devotional or group study. Please share this link with your church members and utilize the book for devotion and group study. You may read aloud from the book on live-streaming platforms. We ask that you read small sections at a time and not have your videos permanently online. Facebook groups are a great way to organize book studies. Leaders can ask questions and post videos and all can participate.
  - [Mindfulness and Christian Spirituality](#) by Tim Stead can help provide readers with mindfulness practices during this time.
  - [Overcoming Stress](#) by Tim Cantopher, MD, offers information on both acute treatments and longer term management in avoiding stress and its ill effects.
- [An ebook sale is also happening right now](#) from our ebook provider friends through Friday, March 27. You can also find all of these books in printed form on PC(USA) Store.
- Last year Westminster John Knox Press also [started a Facebook group about reading the Bible in a year](#) using the resource, *The Year of the Bible*. You don't need to have the book to participate in the group and readings and group discussion questions are posted in the group. The ebook version is currently on sale in the sale listed above if you want access to the book.